



# REFLECTIONS

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## Objectives:

- Learn to identify goals and objectives
- Discuss failures on the path to success

## Activity:

Select someone to read the following passage out loud:

*"People in our society tend to view failure in a negative light. The most obvious example is in schools where students are discouraged from getting failing grades. In the real world, on the other hand, failure can be a good thing.*

*Think about Thomas Edison. In response to a question about his missteps, Edison once said "I have not failed 10,000 times - I've successfully found 10,000 ways that will not work." What would have happened if he had given up after the 9,999th attempt?*

*Many successful people around the world view failure as part of their achievements. Michael Jordan said "I've missed more than 9000 shots in my career. I've lost almost 300 games. 26 times, I've been trusted to take the game-winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed."*

Give the group a chance to express themselves and how failure has led to their own success. Have them reflect on their own goals and what type of failures they had before achieving them. Discuss what they did to overcome these obstacles. Did the goal stay to the original thought or was it modified before they felt it was a success?

Have them write down future goals. How will achieving previous goals play a role in how they proceed to reach new goals? What are some ways to eliminate some of the risks that could cause future failures?